

Solving the Jigsaw

Changing the Culture of **Violence**
Building a Culture of **Well being**



Facilitator Training 2010

Solving the Jigsaw is a multi award winning school based violence prevention and well being program. The program is long term, works with children in a classroom setting and is delivered by a trained facilitator. The program is integrated into the school curriculum, school welfare support capacity and school policy. The program supports and resources schools to play an important role in the care and nurture of children and young people.

Solving the Jigsaw has eleven years experience working in partnership with over 200 schools in Victoria. We have developed comprehensive resources for schools and a nationally accredited facilitator training program.

Accredited Solving the Jigsaw Facilitators work along side teachers in schools to provide 20 to 40 week classroom and targeted group programs, parenting programs, welfare support and information sessions.

What is the Facilitator Training Course?

The facilitator training course trains teachers and welfare professionals in the program's ways of working with children and young people, leading to national accreditation as a Solving the Jigsaw facilitator.

The training package is run over 2 years and includes 15 training days, assessment tasks and an extensive school based practice component. Course Hours 255+

Participants will learn to facilitate activities covering:

- strengths and gorgeous qualities, heart qualities,
- beliefs and values,
- trust groups,
- support systems,
- bullying and violence,
- resilience and optimism,
- tolerance,
- well being,
- group dynamics and friendships,
- feelings and emotions,
- loss and grief,
- anger,
- families,
- belonging,
- alcohol and other drugs,
- transition and change.

Participants will develop skills in group and individual work including:

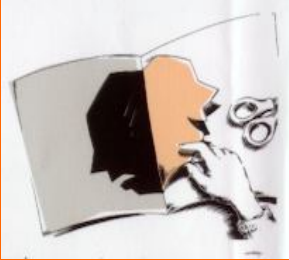
- validating the lives and experiences of participants,
- making participants feel at ease,
- developing trust,
- group bonds and caring within groups,
- engaging in a genuine way,
- constructively resolving conflict,
- managing large and small group dynamics,
- naming and challenging behaviours and attitudes,
- managing personal hooks,
- being real in interactions,
- exploring feelings and emotions.

For more information
Solving the Jigsaw, EASE,
PO Box 958, Bendigo 3552.
Ph 5430 3000, Fax 5434 4150,
Email
info@solvingthejigsaw.org.au
www.solvingthejigsaw.org.au

Educational Partnership
BRIT
Bendigo Regional Institute of
TAFE

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Course Details

Jigsaw Competencies Framework

- Unit 1 Group Work Facilitation
- Unit 2 Implement Solving the Jigsaw Ways of Working
- Unit 3 Participation in the Work Environment

Jigsaw Competencies linked to National Accreditation from the Community Services Training Package—Diploma Level

- Facilitate Cooperative Behaviour (CHCCS401A)
- Facilitate the Counselling Relationship (CHCCSL602A)
- Work with Users of Violence to Effect Change (CHCDFV9B)
- Plan and Conduct Group Activities (CHCGROUP3C)
- Support Young people in Crisis (CHCYTH4C)
- Provide Appropriate Services to Young People (CHCYTH6C)
- Manage Service Responses to Young People in Crisis (CHCYTH8B)
- Manage own Professional Development in Responding to Domestic and Family Violence (CHCDFV2B)

Two Year Course Structure

Year 1

Six Professional Development Modules provide practical skills in developing a whole school (cluster) approach to well being and violence prevention. Each module is presented as a one day training. While the modules work as stand alone topics, together they provide a comprehensive training program. (45 hrs)

Module:

1. Whole school approach to violence and bullying
2. Facilitating respect, valuing diversity, encouraging discussion and maintaining confidentiality
3. Awkward conversations with kids
4. Creating a caring and nurturing classroom and school
5. Conflict within the school community
6. Exploring feelings and emotions in the classroom
- 7.

Year 2

8 days Course Work (60 hrs)
scheduled during school terms
3 & 4 March, 28 & 29 April, 2&3 June, 4 & 5 August

School Based Practical Course Work (60 hrs)

Commencing Week 1 of term 2, 2010

Facilitation of Solving the Jigsaw 20-25 Jigsaw classroom sessions
Provision of individual follow up to students, teachers, parents
Time commitment approximately 2 hours per week

Other requirements

Viewing of Jigsaw program activities on Video, Journals and assignments (90 hrs)

Cost: The Solving the Jigsaw program receives generous support from the following philanthropic trusts, Portland House Foundation, RE Ross Trust, Helen Macpherson Smith Trust, and the FJ Foundation. We charge a nominal fee of \$50 per day per person to cover venue, catering and materials. Second year course \$400.00

EASE

Attention Teachers, Primary Welfare Officers,
Chaplains, School Nurses, Well Being Co-ordinators